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Porn star student

Sex positive. For one NYU sophomore, appearing in porn is more about the experience than the money. PAGE 04

NYU student/amateur porn star Diana Colton stands in front of the Washington Square Park monument. / HANNAH MATTIX, METRO

New York's foreclosure crisis continues

PAGE 02

Learn how to take a break from your gizmos

PAGE 17

Ali Curtis the first black GM in MLS

PAGE 25

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—**Luz Mack,** MPA, Public Affairs & Administration, '07

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1 'Tinder to debut paid version of app called Tinder Plus, broke singles of the world sigh'

2 'Anxiety is warping your sense of time'

3 'Don't call her Belle Knox: A Q&A with Diana Colton, NYU student and porn star'

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New York's foreclosure crisis continues to hurt

Affordable housing. More than six years since the market crash, thousands of homeowners fight for their homes.

Elsie Collymore at the Bedford-Stuyvesant Community Legal Services office to discuss her foreclosure case. / BESS ADLER, METRO

For the last six years, Elsie Collymore has been trying to hold on to her East New York home — a red and white brick two-family home overlooking busy Pennsylvania Avenue that she's owned since 1988.

Collymore is one of thousands of New Yorkers facing foreclosure in New York City, seven years after the housing bubble burst. Last year, 46,000 new foreclosure cases were filed in the state, and each case can take years to move through the courts.

"Every night I go to sleep and think tomorrow they're going to come and say get out of your house," said Collymore. "It's been rough."

Collymore, 67, was born in Trinidad. She started working for Long Island Jewish Medical Center in 1984, and after four years, thought she was financially ready for homeownership.

She agreed to pay $116,000 for her home in 1988. Her loan was last modified in 2009 for $397,776 at 5.5 percent for 30 years.

Since then, her overtime was cut and she fell behind on her monthly payments — even with the extra money coming in from a boarder. Since then, she's gone to at least 20 court hearings and paid several forbearances on her Federal Housing Administration loan through CitiMortgage. She's applied for several modifications on the existing loan, which she and her lawyer, Catherine Isobe, calculated accounts for about 45 percent of her monthly income.

"East New York and Brownsville are very hard hit because there's a lot of predatory lending in those communities," said Isobe, a lawyer with Bedford-Stuyvesant Community Legal Services that is representing Collymore for free. "Those are majority minority communities, a lot of immigrants and just a lot of bad lending happens. There was kind of a bubble, and properties were being overappraised to push people to borrow more money, and there was a precipitous drop in the crash. And I don't think it's really recovered."

According to RealtyTrac, an online marketplace for foreclosed and defaulted properties, data shows 4,005 homes were foreclosed on in the New York metropolitan area in January, 4,662 in December and 4,824 in November.

Leading the nation

New York State has the second-highest foreclosure rate in the country, with 4 percent of mortgaged homes are in foreclosure in 2014, according to Corelogic.

- **46,000** new foreclosures were filed in New York State in 2014.

Mortgaged futures

Homes were foreclosed on in January. By borough:
Bronx: 212
Brooklyn: 327
Manhattan: 19
Queens: 331
Staten Island: 176

WENDY JOAN BIDDLECOMBE
Wendy.Biddlecombe@metro.us

Lifted. School cellphone ban gone, but an industry killed

My precious ... / GETTY IMAGES

Former Mayor Michael Bloomberg's cellphone ban officially ended Monday in city schools and the only ones who really — really — miss it seem to be the storage truck entrepreneurs and local delis that charged kids a buck or more to store their electronic devices.

The reality in many schools — the ones without metal detectors — was there effectively was no ban. Kids just kept the phone silent and hidden. It's a whole new world, however, inside the seven dozen buildings with the detectors, where school officials must enact new rules.

And outside too.

Mayor Bill de Blasio promised to do away with the ban, which at best was antiquated, critics argued and, at worst, dangerous if kids need to reach Mom or dad in case of emergency. "I think it's way past time for this ban to be lifted," said Mona Davids, who heads the New York City Parents Union.

Kids and families would shell out $180.00 or more a year for kids to store their cell phones off school grounds.

Pure Loyalty Electronic Device Storage truck was a fixture in Gramercy Park, outside Washington Irving High School.

The owner and founder, ex-prison guard Vernon Alcoser didn't return a call for comment but his nominal competition at nearby East Way Gourmet on 3rd Ave. said he feels bad for the man.

"We only got two dozen phones a day, so it's no big deal for us," said one of the deli managers, "but the guy with the truck? He's crying." JOHN A. OSWALD

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Diana Colton signed up to be a porn star on a lark. / HANNAH MATTIX, METRO.

NYU student is a quiet porn star

NYU sophomore Diana Colton (not her real name) has an extra line to add on her résumé: The 19-year-old filmed two scenes with porn superstar James Deen. Colton said she applied to film an amateur scene with him through his website on a lark; to her surprise, Deen offered to film with her. "Porn" and "undergrad" may ring some bells — or one Belle Knox, at least. But Colton is nothing like the Duke porn star who made waves last year when she was outed. We caught up with the bookish, sex-positive student over the phone.

Do you plan to do more porn in the future?
It really depends. I specifically enjoyed the experience with [Deen] because it felt like we were hanging out and having sex. It wasn't impersonal, like having a job to have sex with someone. I don't know if I could do that or not. That's why I feel comfortable doing that with him.

How did you get the idea to shoot a scene with him?
I saw some of his amateur scenes — Gwen Derringer and Harper Hughes were amateur porn stars, and they signed up to do it on his website and I thought it would be silly to apply. I thought I wouldn't hear back, but I did, so I had to decide whether or not to do it.

Did you have any hesitations about doing it?

Question

How did you pick your stage name?

Diana comes from Diana Prince, as in Wonder Woman's real name, so that's why I picked that. And Colton was just a name that I picked that I liked.

One hundred percent. I took into account everything I could think of — people who would want to employ me in the future and my family, people that I know finding out, but I just decided I wanted to do things I wanted to do and I wasn't going to let other people stop me from doing that.

And your family does know, right?
Just my sister so far.

Do a lot of your classmates know?
Since it was on the NYU Local website, I assume some of them are subscribed on Facebook and saw the article, but no one has mentioned it to me that I haven't told myself so far.

Why do you think you haven't gotten the negative blowback Belle Knox got?
I think it has a lot to do with this being in New York City and being at NYU where people are more liberal. And also, the people I've told are my friends and I'm friends with people who are sex-positive and totally liberal and are cool with people doing their own thing. I haven't heard a ton from people who haven't agreed with that, so I can't really speak for them.

How much time did you have to warm up before you shot?
I met up with him to fill out paperwork and we were chatting, and this was all on video — he recorded most of it. It took me a little while to warm up to the idea that I was actually going to do this and it was all pretty normal. I wanted to have sex with him so it wasn't a big deal. It's not like I didn't want to do it.

Did it live up to your expectations after being a fan for so long?
It was definitely a cool experience after watching his work for so long and actually be part of it but I tried not to go into it with expectations because I didn't want to be disappointed or whatever, so I tried to take it at face value and enjoy it that way.

You made $700 on each shoot. Did the money matter to you?
No, not really. I do it more for the experience of it. The money was a cool part, but that's not why I did it.

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Patz confession cop quizzed

Confession. Police under fire over accuracy of suspect

Attorneys for the former grocery store worker accused of the 1979 killing of 6-year old Etan Patz pressed a police detective on Monday about his interrogation techniques, as they seek to prove the accused man's confession was coerced.

Pedro Hernandez confessed in 2012 that he choked the boy, stuffed him in a box and left him in a New York alley.

Testifying in state Supreme Court in Manhattan, NYPD Det. James Lamendola said he repeatedly told Hernandez: "The lies must stop" and "we need the truth" in the hour they were alone together in a room before Hernandez confessed.

Hernandez made his videotaped confession after about six hours of questioning.

Defense Attorney Harvey Fishbein questioned the detective about his interview style, suggesting he used psychological pressure on Hernandez.

"You don't get suspects to tell you the truth by yelling at them, screaming at them," the detective testified. "You get suspects to tell you the truth by being nice to them, compassionate to them, keeping them calm."

REUTERS

Nasdaq beats 5,000

For the first time since the year 2000 dot-com bubble, the Nasdaq closed above 5,000 points, as tech stocks were boosted by deals, while the S&P 500 and Dow indexes hit records after economic data pointed to a slowly accelerating economy. "Real earnings and revenue are driving the Nasdaq now," said Douglas Depietro of Evercore ISI.

REUTERS / GETTY IMAGES

MTA. Budget crunch may kill 2nd Ave. line

The beleaguered Second Avenue subway will be on the chopping block unless the MTA fills its $15 billion budget gap, its chief said Monday.

MTA Chairman Tom Prendergast told the state Senate that expansions will be the first to go, followed by countdown clocks.

The Second Avenue subway, proposed as far back in 1929, was expected to open its first leg of expanded Q train service up to 96th Street by December 2016.

"That's a big problem, right?" asked Sen. Daniel Squadron.

"Absolutely," Prendergast said.

"It may not be that interesting to somebody if they don't see a substation or they don't see cables going to a third rail," he added. "But if we don't maintain that, and that's a safety and reliability issue, then we could have a safety and reliability problem."

CHESTER JESUS SORIA

Bronx. Bodega beating caught on video

PROVIDED

It's a brutal bodega beatdown that left three young men in the hospital with stab wounds and Bronx cops on the hunt Monday for seven suspects, five male and two female.

It was all caught by a surveillance camera inside the deli at 1253 Castle Hill Avenue in Parkchester early Sunday.

It started as a verbal confrontation, reportedly over a girl, and descended into violent chaos that had food and other goods flying from the shelves. The victims were robbed of cellphones and $56 in cash, officials said.

One witness told NBC4: "When you see two men looking at each other real hard, you know what's about to happen, especially when there's a female involved."

Two of the victims are 20; the other is 26.

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Creative ways city dwellers make ends meet

EMILY LAURENCE
Contact us if you have a story to tell: emily.laurence @metro.us

Bio

Christine Salinas

Age: 24
Residency: Astoria, Queens
Lives with: One roommate
Number of jobs: 2

Briefly describe your two jobs.
Monday through Friday, I work 8 a.m. to 5 p.m. at a family investment firm. And on Fridays and Saturdays, I work as a bottle server from 9 p.m. to 5 a.m., so I get home around 6 a.m.

Are you working both jobs to make ends meet?
I use the money from my office job to sustain myself. The money I earn from my second job I give to my mom. … I'm a first-generation American and I've seen all the women in my family work really hard. If they can do it on much less, then I can help them out and work as much as they did.

Volunteering is also a big part of your life.
Yes. I volunteer at several places during the week, after I get off work. I do legal translation for youth immigrants with

Christine Salinas / PROVIDED

St. Lutheran's Church. I work with witness .org doing transcriptions. I volunteer with family court downtown, working as a child care worker while survivors of domestic abuse attend an empowerment class.

How do you find places to volunteer?
My passion is legal services and helping those in need. So I just Googled — a lot! — to see where I could do that. I looked for places with flexible hours since I work during the day.

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Weed wars. Marijuana feuds fuel sharp rise in murders, says NYPD

As marijuana possession arrests drop, New York's top cop fears a spike in violent crimes tied to the drug.

Shootings and murder are on the rise, with most of the gun violence tied to the marijuana trade, NYPD Commissioner Bill Bratton said Monday.

The "seemingly innocent drug being legalized around the country" is at the heart of drug-related murders over the last two months, he said.

"Right now marijuana is a very significant factor," Bratton said.

NYPD spokesman Stephan Davis said most of the weed-related arrests dealt with amounts of weed measured by the pound.

"In the last couple years when we had crack cocaine and heroin type shootings, it is all marijuana in the short term," Chief of Detectives Robert Boyce said.

Bratton holds a bag of oregano. / GETTY IMAGES

By the numbers

* 82 percent decrease in misdemeanor marijuana possession arrests this year
* 18 murders in NYC in Feb. 2015
* 12 murders in NYC in Feb. 2014
* 54 murders since Jan. 1
* 45 murders in same period last year

"These are all rip-offs," he said. "These are not turf battles; these are rip-offs of marijuana dealers."

Bratton said the city is not returning to the drug wars of the 1980s and 1990s.

"This is not the bad old days roaring back," Bratton said. "This is something we've got our arms around."

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Dramatic nature display

The American side of the Niagara Falls is almost completely frozen after a prolonged period of extreme cold in the region along the Canada-US border. Much of the United States and Canada experienced unusually cold weather in February as record-low temperatures combined with wind chills to make it feel as if it were well below freezing. / GETTY IMAGES

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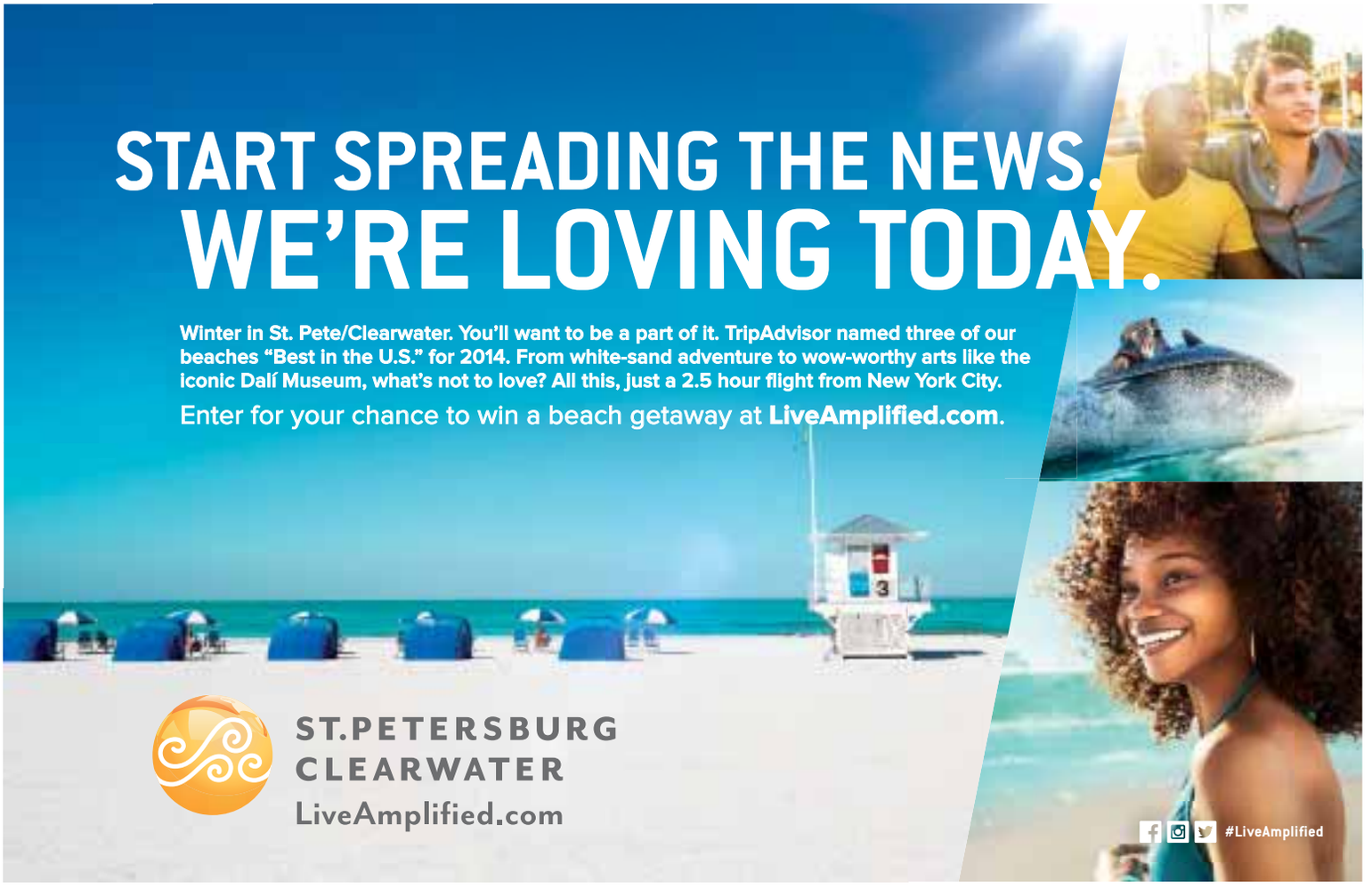

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Five things you need to know

1 Netanyahu warns an Iran deal could threaten Israel's existence

Israeli Prime Minister Benjamin Netanyahu warned the United States on Monday that the nuclear deal it is negotiating with Iran could threaten Israel's survival and insisted he had a "moral obligation" to speak up about deep differences with President Barack Obama on the issue.

Even as he set the stage for a Washington visit that has strained U.S.-Israeli relations, Netanyahu sought to lower the temperature ahead of his controversial address to Congress on Tuesday, saying he meant no disrespect for Obama and appreciated U.S. military and diplomatic support for Israel.

NETANYAHU

The Israeli prime minister left little doubt, however, about his objections to ongoing talks between Iran and world powers, which he said would allow Tehran to become a nuclear-armed state.

"As prime minister of Israel, I have a moral obligation to speak up in the face of these dangers while there's still time to avert them," Netanyahu told a cheering audience at the annual conference of the American Israel Public Affairs Committee (AIPAC), the largest U.S. pro-Israel lobby.

Netanyahu said the relationship between his country and the United States was "stronger than ever" and not in crisis.

REUTERS

2 $4M in gold stolen from truck in NC

Three armed men are on the run after they stole $4 million worth of gold from a tractor-trailer along Interstate 95 in North Carolina.

Two armed security guards reported the robbery around 6:45 p.m. on Sunday to Wilson County sheriff's deputies.

They were passing through Wilson County about 50 miles east of Raleigh, their truck carrying the shipment of gold and silver had mechanical problems, so they pulled it to the side of the road.

While they were parked, three armed men in a white van approached them, ordered them onto the ground and tied their hands behind their backs.

REUTERS

3 Twitter, law enforcement investigate ISIS threats

Twitter and law enforcement authorities are investigating alleged threats made by Islamic State militants against the social media network's co-founder and other employees, the company said in reaction to media reports.

Islamic State supporters, in online posts on Sunday, called for attacks against Twitter and its "interests," including death threats, according to the online news media company Buzzfeed as well as the NBC news network. REUTERS

4 HP to buy Wi-Fi gear maker Aruba Networks for $2.7 billion

Hewlett-Packard said it would buy Wi-Fi network gear maker Aruba Networks for about $2.7 billion, the biggest deal for the world's No. 2 PC maker since its botched acquisition of Britain's Autonomy Plc in 2011.

HP has had a dismal record for big acquisitions, having written off multibillion-dollar purchases of Autonomy and technology outsourcing provider EDS, which it bought in 2008.

The purchase of Aruba would help HP boost its share in the wireless local area network market as more companies allow employees to access work systems through their wireless devices. REUTERS

5 Pham sues Dallas hospital over Ebola

The first person infected with Ebola in the US, nurse Nina Pham, sued a Texas hospital, saying it did not do enough to prevent her from contracting the virus and invaded her privacy after she was diagnosed.

In the suit against Texas Health Resources (THR) in Dallas County Court, Pham claims the hospital did not initially provide nurses with proper protective equipment or properly train staff on how to treat the disease.

The suit accuses the hospital of negligence and deception. It does not specify an amount in damages.

NINA PHAM

REUTERS

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Interview with Nareen Shammo.
Ex-journo dedicates life to rescuing women from ISIS

Nareen Shammo, a 28-year-old former journalist from Bahzani, an Assyrian town in northern Iraq, has been dedicating herself to rescuing Yazidi women from ISIS, the barbaric group that has brutalized and beheaded both locals and Westerners. They have become the lastest rulers to persecute the Yazidi, an ethnic and religious minority spread out over the region. Shammo has been able to rescue 700 women so far and tells Metro about her work.

6
days to International Women's Day

What are you doing to save Yazidi slave women captured by Islamic State?
The answer to this question contain secret details. But I can say that getting information about where a hostage is held is the first step for a rescue.

What led you to take on this challenge?
It is a humanitarian duty and my duty to my people. What made me take this on is that I couldn't see any other option for the Yazidi as we feel as that we are alone in this crisis. Yes, there is danger that people may not expect.

Are you scared?
Being a Yazidi in Iraq means you are a worried and scared individually because of the societal view toward Yazidi people are we are a minority within a non-Yazidi majority. Additionally, Yazidi people are always a primary target of all Islamic terrorist groups. Personally, it was a difficult day when I got a call, three months ago, from an ISIS member who threatened to cut off my head unless I stop my work. He said he has many brothers in the area where I live. However, that was not as difficult as the time I was speaking by phone with a Yazidi girl who had been kidnapped and suddenly ISIS picked up the phone and threatened to kill her. One of my greatest fears is to be the cause of someone else's pain and to cause them to be hurt. There are reports that Yazidi captives are forced to donate blood to wounded ISIS fighters.

What else are they forced to do?
I am not 100 percent certain that ISIS does take even the blood from our Yazidi daughters for their wounded fighters, but I do not rule it out because I heard from more than one source. I can confirm that all of our girls who

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Shammo / METRO WORLD NEWS

This is the second in a Metro series leading up to International Women's Day on March 8.

were raped and sold off in the slaves market. All Yazidi hostages are forced to convert to Islam and read the Quran as well as to pray too. Those who refuse to convert receive no food and drink, and ISIS militants have left some children to die in front of their own families as a punishment of refusing to convert. The final fate was death for every Yazidi hostage who refuse to convert to Islam.

What was the most dramatic situation an enslaved woman was in before you saved her?
Everything linked to kidnapped Yazidi is unforgettable. No matter what happens, I cannot forget. I will probably need to switch my mind to forget this human disaster. Here is one of many painful stories: one girl tried to commit suicide several times after being raped. She contacted me after one of the attempts and told me everything that had happened to her. But she did not go through with the suicide because of her little sister. She said, "I will keep on my life so that I can bring my sister to my family. After that I will not live any more in this bloody world." This girl is 14 years old. She is now living in a building after being released, but her 8-year-old sister is still being held. She hopes and waits with her family every day. **DMITRY BELYAEV, METRO WORLD NEWS**

Question

How can Metro readers from all over the world help with this cause?

Every single person in the world should raise his or her voice with me for the liberation of Yazidi hostages from ISIS hands. They number nearly 7,000, mainly women and children. Women are used as sex slaves while the children are trained to be the next generation of terrorists. Here, we do not want our children to be terrorists or extremists as this is against our religion, philosophy and values.

Yazidi hostages

7K

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"Fraction Of An Inch" Success And Failure With Popular

Vital Information All Knee Arthritis Sufferers

By Matt Edgar-Health Writer
Manhattan - In just a moment I'm going to tell you about a very "candid" and somewhat embarrassing moment I had with a doctor.

A moment most doctors would not want you to know about.

As I reveal what happened in that moment - it will become clear to you not only why this doctor has so much success treating knee arthritis pain... but you will also discover a possible way to relieve some or all of your pain, too.

But before I tell you all that - let me ask you this: How would you like to finally have a real medical solution for your knee arthritis pain?

Not some scam sold on an infomercial or the internet. **A real medical treatment that has already worked for countless people just like you and is covered by most insurance and medicare?**

Can you imagine what it would feel like to be able to eliminate enough of your pain and stiffness so you can get out of bed without pain and go for walks and even do things like play golf or tennis?

How relieved would you be if you felt so much better that you no longer needed to go through total knee replacement surgery and all the grueling rehabilitation?

Sounds Too Good To Be True?

I'm glad we agree. It does sound too good to be true. That's because all patients react differently and get different results from ***real medical treatments.***

That's also why no ethical doctor would promise or guarantee ANY results... for ANY treatment. EVER.

In fact - if you do start hearing over-the-top, exaggerated claims like: "cure for knee arthritis" or "eliminates all pain" or "works for everyone" you should run like heck.

But the fact of the matter is: If you qualify for the treatment you are about to discover, there is a good chance you may be able to relieve some or much of your pain.

I know because thousands of knee arthritis sufferers... just like you... have already found the relief you are looking for.

And even better - this might work for you if your pain is new... or if you have advanced knee arthritis that has made it difficult to even walk.

Here's The Treatment And The Embarrassing Moment

The treatment is called viscosupplemtation. If you have not heard of this treatment - I will explain how it might help you in just a moment. If you have heard of it - or even had this treatment without good results - this information is a "must read."

Here is why: When you have arthritis, one of the things that happens is the lubricating fluid in your joints deceases. This causes joint surfaces to rub, then grind against each other which causes swelling and pain eventually eating way at the cartilage.

Researchers have developed a natural lubricating gel that can be placed in the arthritic knee joint - this cushions and coats the joint allowing it to glide more smoothly which often decreases pain. Sometimes dramatically . Treatment with this special lubricating gel is called *Viscosupplementation.*

Advanced Knee Arthritis Treatment Offers New Hope For Pain Sufferers In New York City

Nothing Spreads The Word Like Caring Doctors and Results - Knee arthritis sufferers have swarmed the OsteoRelief Center in Manhattan, NYC and Norhtern New j Jersey ever since word got out of their advanced medical procedure for knee arthritis

This all sounds great - in theory. But there is a BIG problem with this treatment.

Allow Me To Explain...

While doing research on this treatment, I traveled to a medical clinic in Northern N.J. right outside NYC (they now have clinics in mid town and downtown).. This clinic had an excellent reputation and I got to speak not only with doctors but with several patients who ranted and raved about the results.

Many said they had tried countless other treatments in the past... including viscosupplementation... but nothing worked until they had viscosupplemtation at *this* clinic.

I was skeptical, so I asked one of the doctors why. How could it be possible that the same treatment that did not work when done elsewhere... was getting results when done here?

His response was honest and a little shocking. And the bottom line was...

"All Doctors Are Human And Sometimes They Mess Up"

I discovered that this treatment must be VERY PRECISE. In other words, the doctor must be very accurate and actually get the lubricating fluid precisely into the arthritic joint space - or the treatment will be rendered useless.

Many doctors do not want to admit it - but it is very easy to miss the joint space and alter the treatment results.

In fact, research shows that doctors doing these types of joint procedures without advanced imaging may miss the joint space as much as 30% of the time.

Technology To The Rescue

Thankfully technology is solving this problem. How? It's making doctors much more accurate and this treatment much more effective.

Advanced imaging is now available that allows doctors to actually see directly into the joint space and watch the treatment. Doctors can see, or check, if the lubricating fluid goes directly into the joint space - or misses.

The doctor knows if the applied treatment has been a success... or failure... INSTANTLY.

The Difference Between Knee Arthritis Treatment?

Should Know... *That Might Be Keeping You In Pain*

Here's something incredible: I was able to watch many procedures actually being performed and I was shocked at how many times the doctor thought he had perfect placement... ***but the imaging proved him wrong.***

I was amazed how only a ***fraction of an inch*** would make the difference **between** success and failure.

The best thing is: When the procedure was not perfect - because of the imaging - the doctor knew instantly and was able to make the slight change necessary and achieve the results they were looking for hitting the targeted painful knee joint.

"Double Confirmation" For Best Results

That's why the doctors at this clinic have taken it one giant step further to give their patients the best. They do not just use one form of confirmation during treatment - they use two in their **"double confirmation"** process. This is to ensure patients get the best possible results.

It became clear to me that using this advanced imaging and "double confirmation" process just might be why the doctors at this medical clinic get results when others were not.

What Results Can Be Expected?

Like all medical treatments, the results vary and can not be predicted. But many knee arthritis sufferers get dramatic results. It is not uncommon for patients to either postpone knee replacement surgery for years... or even permanently cancel it.

Who Is This For?

This treatment is not for everyone - but if you qualify you may be able to relieve some or all of your pain. That's why OsteoRelief has a an innovation for you...

Your Invitation

OsteoRelief Centers offer a limited number of complimentary knee arthritis treatment screenings every month. These screenings are a way for knee arthritis sufferers to get some of their questions answered and see if they are a candidate for one of the cutting-edge treatments offered at OsteoRelief Center. If you would like a complimentary screening, just call **800-227- KNEE** and tell the scheduling expert who answers the phone, "I would like a complimentary knee arthritis screening."

The screenings fill up fast every month. If you do not call in time to get one this month, the expert will schedule you for next month.

This screening is no cost and there is no further obligation. The best thing about this screening for so many is being able to breathe a big sigh of relief because you finally have hope to relieve your pain and get your life back

Many of the treatments offered at OsteoRelief Institute are covered by many insurance plans and Medicare.

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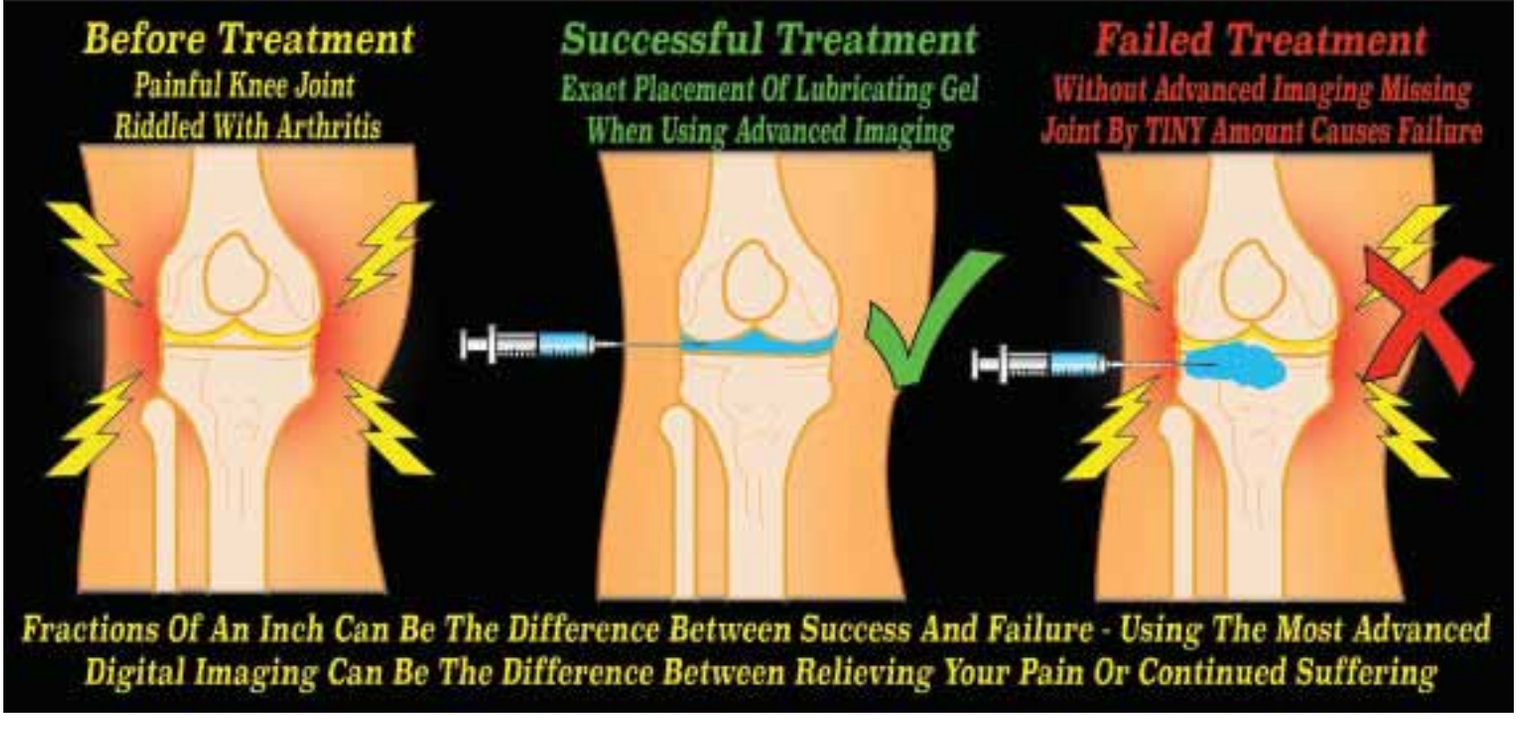
Why A Fraction Of An Inch Can Be The Difference: **Advanced imaging is used to "double confirm" placement of lubricating gel on the surface of the arthritic joint - giving the best possible chance to**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Riddled With Arthritis
Successful Treatment
Exact Placement Of Lubricating Gel
When Using Advanced Imaging
Failed Treatment
Without Advanced Imaging Missing
Joint By TINY Amount Causes Failure
Fractions Of An Inch Can Be The Difference Between Success And Failure - Using The Most Advanced
Digital Imaging Can Be The Difference Between Relieving Your Pain Or Continued Suffering

2

CULTURE

Twitter feed

Today, Patty Duke is being very affectionate, Jaden Smith is so not down, Elizabeth Hurley doesn't realize spring starts later in March, Ricky Martin is shifting focus and Emma Bunton is filled with regret. And pie.

@pattyduke_id: Sending big hugs to all.

@officialjaden: Way Way Way Way Up

@ElizabethHurley: So much for supposed first day of Spring yesterday- a nonsensical theory on all counts. Snow this morning in Herefordshire.

@ricky_martin: It's not what happened, it's what will happen.

@EmmaBunton: Why oh why did I eat pie for breakfast!

1 Taylor Swift predicts she will be a crazy cat lady by 30

ALL PHOTOS GETTY IMAGES

Taylor Swift is more than happy to talk about her love life. Or lack thereof. "I'll probably still be single at 30," she tells the Telegraph. "Let's be honest. No one's going to sign up for this and everything that goes with it. 'Hi, nice to meet you, want a date? Do you love camera flashes? I hope you do!' I don't know what's going to happen if I'm ever content in a relationship — no idea how that's going to work. I don't even know if that's possible with the life I have."

But at least she has her cats — which factor heavily into her prediction of where life will find her in the near future. "In five years' time, she'll be so afraid of everything, she doesn't leave her house," Swift offers, slipping into a bit of third-person nuttiness. "She's just surrounded by cats. So many cats, they've divided themselves up into armies and she wanders around lint-rolling the couch that no one's going to sit on because she's afraid to have people over." Sure, she's joking, but now I feel sad.

Daily video

This guy had a seizure while skydiving

NOMADIC ADRENALINE, YOUTUBE

If you've had reservations about giving skydiving a try because you're — understandably — terrified, this likely won't help. YouTuber Christopher Jones posted a video of a jump he took in November that was interrupted by a debilitating seizure mid-free fall. Yikes. Let's just let Jones describe it: "Possibly the scariest moment of my life," he writes. "While doing stage five of my Accelerated Free Fall program I have a near death experience. At around 9,000 feet I have a seizure while attempting a left-hand turn. I then spend the next 30 seconds in free fall unconscious. Thankfully my jumpmaster manages to pull my rip-cord at around 4,000 feet. I become conscious at 3,000 feet and land safely back to the ground." So, who wants to go skydiving?

THE WORD

Ned Ehrbar takes on the world of gossip.

NED EHRBAR
@Nedrick
ned.ehrbar@metro.us

3 Maggie Smith also thinks 'Downton Abbey' has gone on too long

"Downton Abbey" will be back for a sixth season, and it could be the show's last. It will likely be for star Maggie Smith, anyway, who's reportedly looking to hang up her impressive Dowager Countess hats after one more bout of sneering insults and tut-tutting. "They say this is the last one, and I can't see how it could go on," Smith tells the UK's Sunday Times. "I mean, I certainly can't keep going. To my knowledge, I must be 110 by now. We're into the late 1920s." As to who "they" are, good question, as creator Julian Fellowes has been cagey about when the series will end. But it sounds like he's already given Smith an idea.

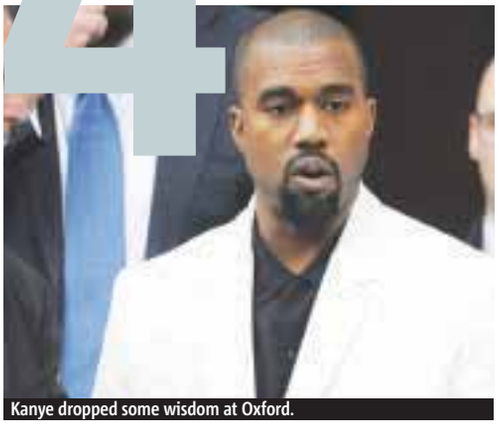
PBS

2 News flash: Cameron Diaz likes sex, hates Twitter

Newlywed Cameron Diaz has an exciting new workout routine for you to try, but just don't expect her to release a video for it. Diaz decided it was about time she took a firm position on the topic of sex. "It's something healthy that we need to be doing for many different reasons," she tells Cosmopolitan. Also healthy? Exercise. "People say, 'My body rejects exercise.' No, it doesn't. Your mind rejects exercise." Whoa.

But it's not all positivity and sunbeams in Diaz's latest treatise. She also admits there are some things she doesn't like. For instance, Twitter. "I think social media is a crazy-ass experiment on society," she says. "The way people use it to get validation from a bunch of strangers is dangerous. What's the point?" Says the woman on the cover of a magazine talking about her sex life.

4 What it takes to get Kanye West to speak at Oxford



Kanye dropped some wisdom at Oxford.

Kanye West gave a lecture at Oxford University Monday because obviously, right? He's all about the speeches these days. But what did it take for the Oxford Guild Business Society to get Yeezus at the lectern? "Many hours negotiating against the odds," according to Guild Chairman Abbas Kazmi. But was it worth it? Totally, according to live-tweeting by students attending the event. He offered some gems like, "Why I say the Matrix is like the Bible and what is my definition of the Matrix?" and "We have the ability to approach our race like ants, or we have the ability to approach our race like crabs." Oh, and: "Obama calls the home phone, by the way."

5 Ways to unplug without feeling disconnected

There's been a bit of a tech backlash lately, which partly led to the creation of the National Day of Unplugging, coming up this Friday. Instead of just disconnecting for one day and being digitally overloaded during the other 364 days, we talked to Orianna Fielding, author of "Unplugged," about finding balance year-round. **EMILY LAURENCE**

1 Stop sleeping by your phone

Fielding advises ditching the habit of sleeping with your phone next to you or using it as your alarm clock. And don't look at it before bed. "Looking at a bright screen, however small, just before going to sleep makes the body release approximately 22 percent less melatonin, which is the hormone that triggers sleep," she says.

2 Create a digital-free space at home

Designating a quiet nook in your apartment where you can sit without distractions can really reduce your stress levels. "Creating a space both physical and mental where you can just pause, think and unwind goes a long way toward helping you reconnect with yourself, family and friends," she says.

3 Leave your desk more

A lot of offices have gotten into the habit of using emails or instant messaging as the primary form of communication, even with someone who sits one cubicle over. Fielding says to counteract that by taking 10-minute breaks away from your desk every couple of hours. It will give your mind a chance to recharge.

4 Keep your phone off the dinner table

You may want to Instagram your food, but as soon as you take that pic, stash your phone. And if you have a friend who texts while you're trying to catch up, Fielding says the best thing to do is to lead by example. "Be someone who never has their phone out in the company of other people," she says.

5 Make 'digital detoxing' a habit

Whether you start disconnecting for a couple hours every night or for an entire day every week, Fielding says you'll instantly feel less stressed. "A digital detox will increase your ability to resist the call of the social network siren," Fielding says. "You'll feel less hurried and time will be less pressurized."

Our expert says to break the habit of using tech before bed. / ISTOCK

Event

Unplug at Spin Ping-Pong and play for free

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Harry Knowles: Ain't TV cool

Q&A. The King of the Movie Geeks heads from the web to the small screen.

Harry Knowles, the original online movie geek and founder of AintItCool.com, jumps from the web to the world of television with "Ain't It Cool with Harry Knowles," his web series that's now a full-fledged sequel airing on Austin's PBS affiliate, KLRU, and is also available online. Guests for the new season include Burt Reynolds, Danny Boyle and Leonard Maltin. To mark the occasion, we caught up with Knowles to talk about making the show, handling Kickstarter criticism and always keeping positive.

Of the new guests, which is your favorite, if you can pick one?

Burt Reynolds. I got to have a conversation with Burt Reynolds. And not only did I get to have a conversation with Burt Reynolds, but it had nothing to do with anything that he's doing right now. It was 100 percent about his love and appreciation for a dear friend of his, Hal Needham, who directed "Smokey and the Bandit," one of the greatest stunt men who ever lived.

What about dealing with all your online naysayers, especially with regard to your profits on the Kickstarter campaign for this show?

Everybody was accusing me of that even though I'd announced during the campaign that I wasn't going to get paid unless the show made a profit somewhere — which, making it for PBS, it's questionable how you make a profit. [Laughs] But that's not really what it's about for me. I'm surrounded by negativity online. I'm sure that doesn't shock you.

The film nerd god goes to TV with "Ain't It Cool with Harry Knowles." / BRETT HART

Quoted

"No matter how the remake turns out, my original 'Strangers on a Train' is going to be perfectly fine at home." Knowles

That's an understatement, actually.

Yeah. [Laughs] But when you are innocent of something that everybody in the world is seemingly accusing you of, you have a confidence because you know that everybody that's shooting their mouths off is going to look like a frigging idiot when they see everything.

NED EHRBAR
@Nedrick
ned.ehrbar@metro.us

Bonus question

You're ridiculously positive about film, but let's get a little mean. Thoughts on the "Strangers on a Train" remake news?

Well, they say it's on a private jet. So wait a minute, you're doing "Strangers on a Train" and you don't even have a f—ing train? [Laughs] At the same time, trust adventure. I genuinely like Ben Affleck as a performer, I genuinely like pretty much everything that David Fincher has ever made, so it's hard for me to get downright angry. And knowing that they're completely modernizing it, it's not going to even interfere with the original. No matter how the remake turns out, my original "Strangers on a Train" is going to be perfectly fine at home.

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LEONARD NIMOY GOES EVIL ON STREAMING

Leonard Nimoy (with Donald Sutherland) is one of the best parts of the 1978 film version of "Invasion of the Body Snatchers." / PROVIDED

STREAM THIS

Matt Prigge's guide to what you can watch on the Internet.

MATT PRIGGE
@mattprigge
matt.prigge@metro.us

Netflix Instant

'Invasion of the Body Snatchers'

Leonard Nimoy's Spock is one of those characters that so defines an actor it's impossible imagining them as anyone else. Some (Anthony Perkins, say) find this restricting; Nimoy embraced it. But there are few characters as un-Spock-like as the one he plays in the 1978 version of "Invasion of the Body Snatchers" — apart, that is, from evil, goateed Spock in the "Star Trek" episode "Mirror, Mirror." He's one of the secret pod people taking over liberal San Francisco, and Nimoy uses his calming presence to throw you off — to feel extra violated when the truth is revealed. You always trust Leonard Nimoy, and when you learn you shouldn't, it's like nothing makes sense anymore.

Netflix Instant

ELIJAH WOOD IN "OPEN WINDOWS" / CINEDIGM

'Open Windows'

Don't bother playing logic police with this sometimes silly but often brilliant thriller, which plays with concepts of the real in the digital age in ways that will at least make for some kid's killer grad school paper. Set entirely on a computer's desktop, the action unfolds in tiny screens, with a fan (Elijah Wood) trying to save a lusty star (Sasha Grey, whose presence is one of the film's better jokes) from a psycho and finds little that appears to be real is.

Hulu

Jacques Demy

Jacques Demy was the rare French New Wave director who loved the artificial: loud colors, beautiful dresses, musicals. But his films make you as sad as they make you happy. Each is a heartbreaker, and no film has a downer ending like "The Umbrellas of Cherbourg." Most of his films now stream on Hulu, including ones that didn't make Criterion's recent box set.

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Lawrence Michael Levine in the big time

Interview. An indie filmmaker (and actor) channels screwball comedy for his latest, 'Wild Canaries.'

Lawrence Michael Levine directed and starred in "Wild Canaries," a neo-screwball comedy about a couple who suspect a neighbor of murder. It's now in theaters and VOD. / IFC FILMS

Lawrence Michael Levine has been a fixture of the indie film scene, whether it's been directing "Gabi on the Roof in July" — with Kate Lyn Sheil and Lena Dunham — or acting in films by his own wife and frequent collaborator, Sophia Takal ("Green"). With "Wild Canaries," he goes bigger. It's a more polished indie with name actors (Alia Shawkat, Jason Ritter). And it's a throwback to screwball comedies, telling of a couple (Levine and Takal), one of whom (her) suspects their neighbor was murdered, the other (him) who thinks that's nuts.

This isn't a mere pastiche of screwballs.
I was definitely conscious of avoiding pastiche. Films like "The Hudsucker Proxy" and "Intolerable Cruelty," I felt they were doing it in that '30s style. I was influenced by the dynamics of screwball — a daffy dame and an uptight guy — but stylistically I wasn't trying to recreate them.

A lot of screwballs, like "The Awful Truth," are really about examining relationships. This does that too.
When you agree to spend your life with someone, their flaws become more apparent. People fight a lot before they get married. I think what happens is you start to experience your partner's foibles with greater intensity, because you think, "I'm going to have to be dealing with them for the rest of my life." You begin to view them as a crazy person who cannot be dealt with. The film plays on this anxiety. Noah thinks she's insane. She thinks he's insane for ignoring this clear threat. It's about them realizing that neither of them is insane. The pulpy mystery subplot is a funhouse mirror of their own anxieties.

LAWRENCE MICHAEL LEVINE
WIREIMAGE

You're also exploring these anxieties with your real-life wife.
It was fun to do that. It's an exaggerated version of our relationship. In a way, my character is a parody of what Sophia thinks of me, and her character is a parody of what I think of her. It gave us some perspective on our relationship.

You and Takal have worked together often. Do you feel that your dynamic has changed over the years?
It's gotten easier. It's really just about knowing when to take a backseat and cede power to another person. If it's Sophia's project, I can give my feedback in a measured calm tone. But when she says, "OK, I heard you and I'm going in another direction," I just have to live with that. And vice versa. You just have to learn how to do that.

That sounds an awful lot like a romantic relationship.
It's basically exactly the same. Sometimes in your life you have to cede power too, right?

MATT PRIGGE
@mattprigge
matt.prigge@metro.us

Bonus question

How did you find searching for funds?

I don't enjoy bragging. I wasn't raised to go around and say how great I am. But when you've got to convince people to give you thousands of dollars to make a film, you have to check that instinct at the door and self-aggrandize. It's called for in that context.

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Interview. 'Hannibal' baddie Mads Mikkelsen plays nice-ish in the Western 'The Salvation'

To Americans, Danish actor Mads Mikkelsen is best known for playing bad: the bleeding-teared Bond villain of "Casino Royale" and the cannibalistic doctor on "Hannibal." But he's just as capable of decency. In the new neo-Western "The Salvation," he plays a good man — an immigrant who embarks on a quest for revenge after his wife and young son are murdered by outlaws.

MADS MIKKELSEN PLAYS A DANISH TRANSPLANT TO THE AMERICAN WEST OUT TO AVENGE THE MURDER OF HIS FAMILY AND SAVE A TOWN IN "THE SALVATION." / GETTY IMAGES

Was he a fan of the genre? "I was when I was a kid, like everyone else. But I wasn't a huge fan. It wasn't until I saw the Sergio Leone films ["The Good, the Bad and the Ugly," etc.] and "Unforgiven" [by] Clint Eastwood that I saw the artistic side of Westerns."

What does "The Salvation" do that other Westerns do not?: "It brings more humanity to the genre. We're dealing with people who are not gunslingers but just people. [His character] is a normal man. He's not aware that he's going to be a hero, as opposed to a lot of other Westerns. Heroes tend to be aware of what they're good at and have to step it up. He's harmless."

What the film says about civilization: "We have this civilization that we've been fighting for since the second World War. At the same time we have a strong urge to be inhuman once in awhile — to go with nature and our basic instincts. Can we stay civilized, is the question, and still do what we believe is right? Every society is asking themselves this question. We have to make sure we behave, but at the same time sometimes we don't want to. We want to do something else."

Playing introspective, quiet characters: "I have a love for that old tradition of movies, where it's something you only watch, something purely visual."

The upcoming season of "Hannibal": "[Hannibal is] on the run in Europe. But when Hannibal's on the run, he's not necessarily hiding. He's having a ball."

MATT PRIGGE
@mattprigge
matt.prigge@metro.us

Bonus point

The challenge of acting in a Western, and period films in general:

"Once we dressed up and got our hats on and sat on a horse, and everyone around us was looking the same, it was easy. With historical period pieces, you're stepping into a universe. Just by the look of it, you get a strong sense of the period."

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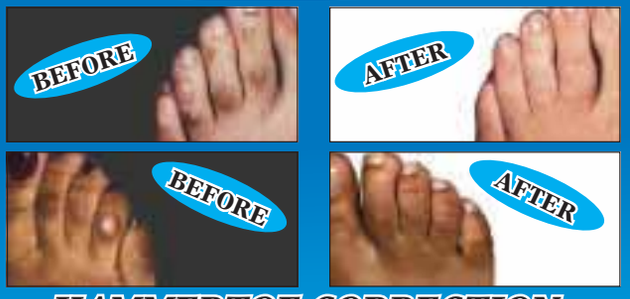

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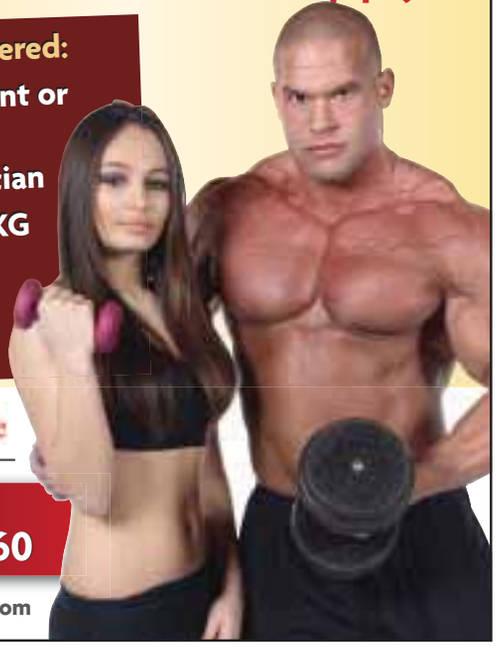

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PLUS

Mommyhood Musings

YESENIA ALMONTE

Twitter and Instagram: @yeseniaalmonte

Meet Metro's new parenting blogger, who will be sharing her parenting triumphs and fails — and taking you along for the ride. Yesenia Almonte is a born and bred New Yorker who lives in Brooklyn with her husband and two sons, Hudson, 3, and Crosby, 10 months.

WHAT PARENTING GOAL DID YOU WAKE UP WITH TODAY?

Me with my boys: my husband Edwin and sons Hudson and Crosby. / PROVIDED

Allow me to introduce myself. My name is Yesenia Almonte, and I'm a first-generation American, born and raised in New York City — a city that I love.

Like pretty much every other parent, I wake up with the same mommy goal every day: to raise good and productive human beings. It sounds simple enough, but boy is it tough. I'm trying to figure out the whole parenting thing as I go along, and every single day, without fail, I question my parenting skills. I'm continually asking myself whether I am doing the right thing by my husband and two little buddies, Hudson, 3, and Crosby, 10 months old.

I call my own mother every day to get her advice on things — advice that doesn't always align with my own views, but my parenting will always stem from the cultural influences passed down by my parents, two Dominican immigrants.

One thing I do know is that I want my children to aspire to all that is good. This is the idealist and eternal optimist in me, but I believe that when you are surrounded by good, you want to do good. But the realist in me knows that the world isn't always safe, pretty or perfect, so I'm teaching them to be tough, too!

So, this is me: I've failed. I've succeeded. I've made some mommy mistakes and will continue to make some more — just hopefully not the same ones! I'll share my journey with you along the way, right here in this paper and online at metro.us every two weeks. And, of course, I want to hear from you, too! What's your daily mommy goal? Hit me up on Twitter or Instagram: @yeseniaalmone.

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Shopping. Melissa Joan Hart launches boys-only clothing line

As the mother of three boys — Braydon, 6, Tucker, 4, and Mason, 2 — Melissa Joan Hart and her husband Mark Wilkerson have gone through their fair share of children's clothes. Frustrated by the feeling that everything looked the same — graphic tees featuring The Hulk or Spider-Man — the couple decided to launch their own line, King of Harts, out this week.

"We decided to use our little boys as inspiration as well as a 'Made in the USA' theme, since everything is [produced] in the U.S.," Hart tells us. "Our first Spring line is inspired by Montauk, New York, which is near where I grew up on Long Island. And then the fall line is inspired by Lake Tahoe, our favorite vacation spot."

The couple also took the boys' rough-and-tumble lifestyle into account, adding extra reinforcement in the knees to keep pants from easily tearing. "We're having so much fun with it," she says, adding that most of the designs are her husband's ideas. "This is something my husband and I started together because we wanted to do something family-related that we could be proud of while also bringing some industry back to the U.S. We're so excited about it."

MELISSA JOAN HART
PROVIDED

The clothes are designed with little boys in mind. / PROVIDED

The line will be sold online at kingofharts.com and specialty boutiques nationwide. Prices range from $32-$88. EMILY LAURENCE

Horoscope

♓ Pisces | Feb. 19-March 20 Make the most of what you have. Advancement looks promising. Apply for a new position or speak to a superior about a future project.

♈ Aries | March 21-April 20 Love is in the air. Offer your loved ones affection and devotion. Think about a way to improve your current living arrangements.

♉ Taurus | April 21-May 21 Take some time to organize your thoughts. Younger or older family members will make demands of you if you let them. Put your needs first for a change.

♊ Gemini | May 22-June 20 Property deals are worth looking into. Make your home a place of comfort and relaxation. Any alterations that ease your stress should be considered.

♋ Cancer | June 21-July 22 The people around you will be difficult to handle. You will make more progress if you do things yourself.

♌ Leo | July 23-Aug. 22 Let your imagination soar. Work on a creative project that you have been reluctant to start. Your passion and enthusiasm will bring a satisfying outcome.

♍ Virgo | Aug. 23-Sept. 22 You shouldn't slack off just because things are going nicely. Be prepared to take whatever steps are necessary to build a bright future.

♎ Libra | Sept. 23-Oct. 22 Be bold. If there is something you desire, go after it. Your confidence and charm will lead to a promising future.

♏ Scorpio | Oct. 23-Nov. 21 It will feel as if you are taking one step forward and two steps back. If you don't give in to frustration or anger, you will accomplish everything on your agenda.

♐ Sagittarius | Nov. 22-Dec. 21 Don't get stuck in a rut. Plan an evening of romance for someone special. A break from routine will boost your morale.

♑ Capricorn | Dec. 22-Jan. 20 If you are constantly being drained by others, it's time to stop and reassess your relationships. You deserve to be treated the way you treat others.

♒ Aquarius | Jan. 21-Feb. 18 Weed out anything that is no longer useful. Ideas or relationships that are holding you back should be dealt with. EUGENIA LAST

Sudoku: Easy and hard

9	4					1	6	7
			6				2	9
		3			1			5
			1	6				
6	2						7	3
				4	7			
2			7			5		
1	7				3			
3	9	6					8	2

	2	9			4	6		
1	6				8			7
						3	1	
8	4				1			
		7	3		6	8		
			8				6	1
	7	5						
2			4				5	6
		1	6			2	3	

How to play Fill in the grid so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Letters to the editor

Don't let Iran become the next Iraq

The last time we listened to a buffoon fear-mongering about supposed weapons of mass destruction, we were "rewarded" with the Iraq debacle. War should be the last option once all others have been exhausted. If Israeli Prime Minister Netanyahu wants a war with Iran, Israel should go it alone. No U.S. military support. No U.S. dollars.
CARL HANSON, VIA EMAIL

Adam, Eve were vegans

Re: 'Bible doesn't advocate for veganism' (Metro, Feb. 18) Reader Scott Perry stated that God does not support a vegan lifestyle of eating. Romans 14 speaks about weak and strong faith, and was just referring to food as a parable. Furthermore, the Bible is inerrant and alive today, because it holds wisdom and truths that we can utilize in our daily lives. The initial diet of humanity was a vegan diet: "I give you all plants that bear seed everywhere on Earth, and every tree bearing fruit which yields seed: they shall be yours for food. All green plants I give for food to the wild animals, to all the birds of heaven, and to all reptiles on Earth, every living creature, it shall be theirs for food." (Genesis 1:29-31)
SHIRL C., VIA EMAIL

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Crossword

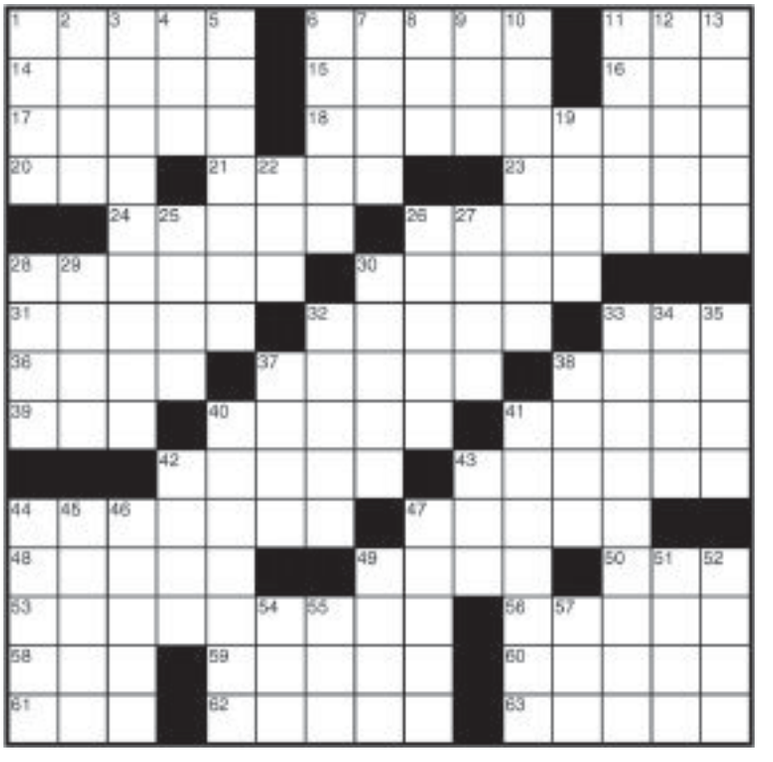
Across

1 Roundup gear
6 Propeller arm
11 Open a barrel
14 Radius neighbors
15 "Them" author
16 Dash off
17 Go bad, as meat
18 It may have big ears (2 wds.)
20 Erratic move
21 Sea in Antarctica
23 Caught cold
24 With merriment
26 See firsthand
28 Drill through
30 Actress Anouk —
31 It has a crust
32 Lurid novels
33 Pirate's quaff
36 Bronze and Iron
37 Ties up
38 Batman creator
39 Install a lawn
40 Soft matted wools
41 Turnpike rumblers
42 Recital pieces
43 Tips off
44 Riverbank burrower
47 Slacks material
48 Meat-stock jelly
49 Coarse file
50 Party girl
53 Quick change artist?
56 Peter, in Panama
58 Wield an ax
59 Ship of 1492
60 Ms. Verdugo
61 Subject for Keats
62 Tough alloy
63 Subway patron

Down

1 Skater's jump
2 Jai —
3 Cackled snidely
4 Kyoto honorific
5 Largest bird
6 Officious
7 Axioms
8 Wolfed down
9 Fiddle-de- —
10 Manors
11 Oar fulcrum
12 Buenos –, Argentina
13 Hangs fire
19 Movie
22 Flamenco cry
25 Some are liberal
26 Rugged country
27 Holy terrors
28 Edible seeds
29 Desdemona's enemy
30 Women with nieces
32 Airline employee
33 Forced through
34 Cohesive entity
35 Clutter
37 Bartok or Lugosi
38 Fast on the uptake
40 Tongs
41 Mule, for example
42 Glance over
43 Contented sounds
44 — Picchu
45 Flashlight carrier
46 Salmon do it
47 Dark line on Mars
49 By heart
51 Type of eagle
52 Male guinea pig
54 Afire
55 Flight dir.
57 Cotton gin name

Yesterday's answer



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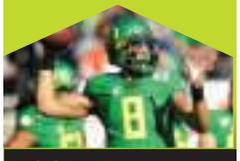

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Rangers, Islanders both going hard after the Cup

NHL. Both New York squads make moves to shore up roster.

Costs were exorbitant. And now, the question each of the NHL's 30 franchises must ask themselves is if they have improved in the short term or long term?

In the immediate aftermath of Monday's NHL trade deadline, the overriding view is that many playoff contenders paid steep prices to the league's weaker franchises in order to strengthen for the Stanley Cup Playoffs.

"It's a calculated risk," Rangers GM Glen Sather said Monday. "I think it's well worth it. It was nice to get [to the Stanley Cup Final last June]. I hope we can do that again [but] a lot of teams are going to think [they can reach the Stanley Cup Final]."

Among the preeminent buyers, the Rangers stood pat Monday after Sather overhauled the reigning Eastern Conference Champions on Sunday by making three trades: defenseman Keith Yandle, right wing Carl Klingberg and center James Sheppard in three deals with Arizona, Winnipeg and San Jose.

The market prices for those additions were significant. Sather parted with prospect forward Anthony Duclair, defenseman John Moore, a 2015 second-round draft pick and a conditional 2016 first-round pick to acquire Yandle. Bottom-six forward Lee Stempniak was shipped to Winnipeg for Klingberg, while San Jose received a 2016 fourth-round pick for Sheppard.

Not-so-lonely Island

The Islanders have several new faces.

- New York netted San Jose depth forward Tyler Kennedy, Vancouver forward Dustin Jeffrey, Arizona defenseman Mark Louis and Buffalo goaltender Michal Neuvirth.
- The Islanders didn't lose much of significance from their NHL roster in the deals, but did part with backup goaltender Chad Johnson.

Sheppard, whom Alain Vigneault told reporters wasn't available due to travel, has won 50 percent of the faceoffs he took this season. He and Dominic Moore could strengthen an area that has been weakness. The Rangers are the league's second-worst faceoff team, winning an average of 46.7 percent of draws this season.

Yandle, 28, recorded 41 points [four goals and 37 assists] in 63 games.

"I've been shopping for [Yandle] for quite a while," Sather said. According to an ESPN.com report, Arizona will retain half of Yandle's salary. Yandle will earn $5.5 million this season and $5.75 million in 2015-16.

"The financial arrangement we have with Arizona makes it a perfect fit for us."

The savings allowed Sather to lock up Mats Zuccarello to a four-year, $18 million deal. Sather acknowledged that the sides had agreed to terms Sunday, one day after ESPN.com and the New York Post reported that Sather told Zuccarello that the executive was going to make the left wing available to be traded.

"I put it on the market that we were going to trade him," Sather said of Zuccarello. "Whether or not that would have ever happened is another story. I like everything about him; his tenacity, his hard work, his seeing the ice, the chemistry he brings."

After rumors that he was on the trading block, Mats Zuccarello re-upped with New York. / GETTY IMAGES

DENIS GORMAN
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STRAIGHT Talk

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NFL

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Big names tagged and not tagged

Just a month after one of the wildest Super Bowls of all-time, the NFL will be back in the headlines in early March as the league's free agency period gets underway. Monday was the deadline for teams to place the franchise tag on players and the Detroit Lions declined to do so with star defensive tackle Ndamukong Suh, who will become an unrestricted free agent on March 10 unless Detroit comes in with a quick but monster offer.

Meanwhile, the Cowboys officially used their franchise tag on Dez Bryant, the Patriots slapped their tag on kicker Stephen Gostkowski, the Chiefs used their tag on pass rusher Justin Houston and the Giants officially placed their tag on defensive end Jason Pierre-Paul. **MATT BURKE**

NBA

Jordan lands on Forbes list

Michael Jordan has always despised sitting in second place, but it's a decent bet that he doesn't mind coming in at 1,741st on one particular list.

Forbes magazine announced its annual World's Billionaire's List this week and the Hall of Fame guard made the cut for the first time, owning an estimated net worth of $1 billion, aka the 1,741st richest person on Earth. **MATT BURKE**

Curtis settling in as main man in charge of Red Bulls

MLS. New York's new sporting director is the first black MLS GM.

He calls it his dream job, but for Ali Curtis, being the sporting director for the New York Red Bulls affords him the opportunity to not just chase the franchise's first-ever MLS Cup but to also be a role model. And as the league's first-ever African-American sporting director, Curtis is going to have a lot of eyes on him, watching his every move.

On the job now almost three months, it has been a whirlwind time period for Curtis, a former player in MLS who also won the Hermann Trophy as the nation's top college soccer player while at Duke. Talking with Curtis, he is measured and calm and there's a hint of reserve as someone who doesn't want the spotlight and just wants to do his job. He's made some difficult choices and a couple unpopular ones in his few months leading the team, but he has stayed true to himself.

Even when he was young, Curtis said that he was always aware of being a minority, something that perhaps made him stick out even more as he grew up playing a sport in soccer that is widely embraced by Hispanics in this country, but also by upper-middle-class whites. That the "soccer mom" demographic was spurred by the visual of a blonde-haired, blue-eyed suburban mother in a minivan picking up her children from practice only underscores that the job held by Curtis as an African-American is now shattering stereotypes.

According to Nielsen's 2013 Year in Sports Media report, just 8 percent of all MLS fans are African-American. Now in Curtis, there is an African-American who is in charge of the most high-profile team in the league, a role model for young people and someone who has transitioned from playing to management.

"[Being a minority] has always been something that I've been aware of and cognizant," Curtis told Metro. "As a result of my being aware that I'm a person of color and a minority, I'm doing the best I can to succeed and make it easier for those who follow."

There is a plan, he says, and on his interview Curtis presented the team with a 300-page document outlining his vision for the team. Fans hated the decision to fire Mike Petke, the head coach who won the league's regular season two years ago. Undaunted, Curtis stands by the decision and some of the other tough choices he's made over the past 90 days.

He was previously an executive in the league's office, and before that worked at J.P. Morgan as an analyst. Now, even as he's making MLS history, he hopes to be judged only on his performance.

"Race is not the only component that defines me, it is not the only characteristic that someone may or may not have in common with someone who is before or after. There are a lot of characteristics I think I have in common with other sporting directors and general managers around the league. What's most important is that I'm aware of who I am and what is happening around me and to do the best job I can do," Curtis said.

KRISTIAN DYER
@KristianRDyer
sports@metro.us

Curtis' resume

Curtis was an exceptional player, capturing the 1999 Hermann Trophy at Duke.

- The Hermann Trophy is annually given to the nation's top collegiate soccer player.
- Curtis played for the Tampa Bay Mutiny and D.C. United in MLS.

ALI CURTIS
GETTY IMAGES

Ali Curtis, on right. / GETTY IMAGES

Quoted

"I want to be successful. I'm competitive by nature. I want to be a success. I want to trail-blaze. I know it's going to be difficult, not because of my race but because the job is very demanding."

Ali Curtis, speaking to Metro on his job as sporting director of the Red Bulls

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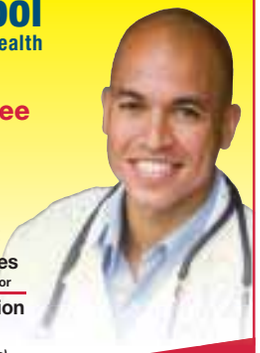

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NOTICE IS HEREBY GIVEN that a license, Number TBA for Beer & Wine has been applied for by the undersigned to sell Beer & Wine at retail in a Restaurant under the Alcoholic Beverage Control Law at 2665 Broadway, New York, NY 10025 for on premises consumption. R. Harris Enterprises Inc.

NOTICE OF FORMATION of Baker's Dozen Media, LLC. Articles of Organization filed with the Secretary of State of NY (SSNY) on December 11, 2014. Office location: New York County. SSNY has been designated as agent upon whom process against it may be served. The Post Office address to which the SSNY shall mail a copy of any process against the LLC served upon him/her is: 75 West Street, Apt 12H, New York, NY, 10006. The principal business address of the LLC is: 75 West Street, Apt 12H, New York, NY, 10006. Purpose: any lawful act or activity.

NOTICE IS HEREBY GIVEN that a license, Serial # 1284044 for Wine & Beer has been applied for by the undersigned to sell Wine & Beer at retail under the Alcoholic Beverage Control Law at 254 Irving Ave., Brooklyn, NY 11237. Kings County, for on premise consumption. I Said Washington DC LLC.

NOTICE IS HEREBY GIVEN that a license, Serial # 1284204 for Liquor, Wine & Beer has been applied for by the undersigned to sell Liquor, Wine & Beer at retail under the Alcoholic Beverage Control Law at 213 Union Street, Brooklyn, NY 11231. Kings County, for on premise consumption. MMEY LLC.

NOTICE IS HEREBY GIVEN that a license, Number 1284211 for Beer & Wine has been applied for by the undersigned to sell Beer & Wine at retail in a Restaurant under the Alcohol Beverage Control Law at 43 30 Corporal Kennedy St, Bayside, NY for on premises consumption. Dae Song Chinese Restaurant Inc.

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NOTICE IS HEREBY GIVEN, PURSUANT TO LAW, that the NYC Department of Consumer Affairs will hold a Public Hearing on Wednesday, March 11, 2015 at 2:00 p.m. at 66 John Street, 11th floor, on a petition for 88 2nd Ave. Food Corp. to modify and continue to maintain, and operate an enclosed sidewalk café at 88 2nd Avenue. in the Borough of Manhattan for a term of two years.

REQUESTS FOR COPIES OF THE PROPOSED REVOCABLE CONSENT AGREEMENT MAY BE ADDRESSED TO: DEPARTMENT OF CONSUMER AFFAIRS, ATTN: FOIL OFFICER, 42 BROADWAY, NEW YORK, NY 10004.

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